ASKÖ Bundesmeisterschaften 2012

MSECM Austria

19:00 Uhr

Wettkampf 4 - 400m Freistil männlich Masters

Altersklasse 45

2. Tschugguel, Walter	1966	AUT	SC Diana Wien	05:18,19	+14.55	343

RT +0,96, 50m: 00:36,21, 100m: 01:16,72 (00:40,51), 150m: 01:56,55 (00:39,83), 200m: 02:37,80 (00:41,25)
250m: 03:17,99 (00:40,19), 300m: 03:59,22 (00:41,23), 350m: 04:39,25 (00:40,03), 400m: 05:18,19 (00:38,94)

Wettkampf 8 - 400m Lagen männlich Masters

Altersklasse 45

2. Tschugguel, Walter	1966	AUT	SC Diana Wien	06:18,97	+24.49	285

RT +0,91, 50m: 00:35,09, 100m: 01:27,43 (00:52,34), 150m: 02:16,43 (00:49,00), 200m: 03:01,68 (00:45,25)
250m: 03:57,17 (00:55,49), 300m: 04:55,36 (00:58,19), 350m: 05:37,47 (00:42,11), 400m: 06:18,97 (00:41,50)

Altersklasse 55

1. Molecz, Peter	1957	AUT	SC Diana Wien	06:22,91		276MR

RT +0,93, 50m: 00:40,70, 100m: 01:26,62 (00:45,92), 150m: 02:17,00 (00:50,38), 200m: 03:05,59 (00:48,59)
250m: 04:03,61 (00:58,02), 300m: 04:59,06 (00:55,45), 350m: 05:42,55 (00:43,49), 400m: 06:22,91 (00:40,36)